

The Welcome Book

La Grange

Welcome



Annick and Raymond are happy to welcome you in this chalet. Located in a quiet corner of Beaufortain, this charming shelter, classified 4 ears by « holiday cottage of France », will give you all necessary comfort to have a nice tour.

But first of all, some presentations...



Owners

Annick and Raymond are natives of the Beaufortain. They were born in families, which in the past worked the land and they choice to don't leave their roots which they like so much. Thanks to the holiday cottage, they have the possibility to make discover to their customers all treasures of their splendid region

The holiday cottage

Of a total surface of 109 m² , this country cottage is very roomy. Equipped very well, it will enable you to benefit as well as possible from your stay.

This is a description sheet....

Kitchen:

*Kitchen integrated very equipped (microwaves/grill/
furnace/electric hotplates and gas)*

Refrigerator/Freezer

Dishwasher

Crockery

Many utensils (Swiss cheese dish, cheese fondue, coffee machine, cooker, robot...)

Sitting room:

Comfortable settee (8 places)

Television, satellite, home-cinema

Video tape recorder, DVD drive, radio

Games

Coffee table rustic

Chimney (We give you the wood)

Access to the balcony and outside

Stay:

Tables and chairs, country style (for 10 persons)

Sideboard, walnut rustic dresser

Bed Rooms:

On the 1st floor, a room with access on balcony (1 bed 2 places: 160x200)

On the second floor, three mansard-roofed rooms (1 room with 1 bed 2 places and 2 rooms with 2 beds 1 places) Tables, bedside lamps and wall cupboards in each room

Access to the balcony and office for two rooms of the second floor.

Cloths provided and beds made when you arrived

Bath Room:

- ♦ 2 bath rooms (2 bathtubs, 1 shower et 1 shower-bathtub)
- ♦ Hair-drier
- ♦ Toiletry provided

Also,

- ♦ 2 babies's equipments (beds...)
- ♦ 1 first-aid kit
- ♦ Washing-machine, tumble-dryer, rotary clothesline, iron , ironing board
- ♦ Barbecue, garden, reclining chair
- ♦ Laundry, household product provided
- ♦ Storage cupboard, storage cupboard for skis, shoes drier
- ♦ 2 garages
- ♦ Excursion's documents
- ♦ Mountain's equipment (bags, maps, snowshoes...)
- ♦ Computer (Internet unlimited, phone...)
- ♦ Seesaw, petanque bawl, ball...

More informations about:

-Heating: Underfloor central heating + radiators in bedrooms

-Cylinder of butane gas and electric meter: At owner's house

- Rubbish dump will be take the Friday on monday

-Selective sorting makes in the garage (sites envisaged with this effect) - The public containers are in crossroad with D925

<i>Some telephon numbers</i>

Help:

<i>SAMU (emergency medical service)</i>		15
<i>The fier brigade</i>		18
<i>Police Station</i>		17
<i>Police Station of Beaufort</i>		04.79.38.34.89
<i>Poison center</i>		04.72.11.69.11

Health

<i>Doctor Cressens</i>	<i>(Beaufort)</i>	04.79.38.30.46
<i>Doctor Fiorello</i>	<i>(Beaufort)</i>	04.79.38.33.49
<i>Paediatrician Plasse</i>	<i>(Albertville)</i>	04.79.89.55.50
<i>Dentist Jacquemin</i>	<i>(Beaufort)</i>	04.79.38.32.91
<i>Dentist Mutuelle</i>	<i>(Albertville)</i>	04.79.32.19.61
<i>Physio</i>	<i>(Beaufort)</i>	04.79.38.35.40
<i>Osteopathe</i>	<i>(Beaufort)</i>	04.79.38.18.98
<i>Pharmacy Poletti</i>	<i>(Albertville)</i>	04.79.37.16.26
<i>Pharmacy</i>	<i>(Beaufort)</i>	04.79.38.33.56
<i>Veterinary</i>	<i>(Villard/Doron)</i>	04.79.38.32.47
<i>Nurses</i>	<i>(Beaufort)</i>	04.79.38.33.64
<i>Ambulances Vibert</i>	<i>(Beaufort)</i>	04.79.38.13.33
<i>Hospital</i>	<i>(Albertville)</i>	04.79.89.55.55

Bread...

>> You can order some bread in the bar - restaurant "Le Mirantin" (county town of Queige). You have to order it the day before the next day . You must to go to the « Mirantin » to take your bread. For more informations call: 04.79.38.39.68

>> Mary-Helen of « The Farm of Firs » (in 500 m of the holiday cottage) offer you, different breads cooked in wooden fire. You have to order it the day before the following day. You must to go to « The Farl of Firs » to take your bread.

>> But « The Farm of Firs » it is also an animal husbandry of Angora goats that they can visit. On place, sale of farm products and from angora woolen fabricated articles. For more informations call: 04.79.38.00.01

Trout...

If you want eat a very good trout, ask to Annick and Raymond, who have a farmed trout.



*Days of Market in the vicinity of
the Holiday cottage...*



*Tuesday: Annecy, vieille ville (morning)
 Aoste, Italie (morning)
 Moutiers (all the day)*

*Wednesday: Beaufort/Doron (morning)
 Ugine (morning)*

Thursday: Albertville (all the day)

*Friday: Annecy (morning)
 Megève (morning)
 Moutiers (morning)*

*Saturday: Annecy, city center (morning)
 Chamonix (morning)
 Sallanches (morning)
 Turin, Italie (all the day)
 Ugine (morning)
 Albertville - Vegetable's Market
 (morning)*

Tourism:

Tourist Information Office Arêches-Beaufort

04.79.38.15.33

www.areches-beaufort.com

Tourist Information Office Les Saisies

04.79.38.90.30

www.lessaisies.com

Tourist Information Office Albertville

04.79.32.04.22

www.albertville.com

Tourist Information Office d'Annecy

04.50.45.00.33

www.annecy.com

Tourist Information Office Chamonix

04.50.53.00.24

www.chamonix.com

Mechanics:

Mechanic Gonin

(Albertville)

04.79.32.04.00

Mechanic Landon

(Beaufort)

04.79.38.33.79

Others:

French National Railways

3635

Taxi Vibert

04.79.38.92.95

Shops

Supermarkets:

- ♦ *G*
é Géant Casino - service station (Albertville)
- a*
n Champion - service station (2 magasins à Albertville)
- t*
 - ♦ *Intermarché - service station*
- (2 supermarkets in Albertville and 1 in Villard sur Do-*
ron)
- s*
 - ♦ *ED (Albertville)*
- n*
 - ♦ *Lidl (Albertville)*
- ♦ Leader Price (Ugine)*

s
e
r
v
i
c
e

s
t
a
t



<i>Restaurants...</i>

Queige

- * « *Le Mirantin* » 04.79.38.39.68
- * « *Le gîte de Molliessoulaz* » 04.79.38.02.58

Beaufort sur Doron / Arêches

- * « *Hôtel du Grand Mont* » 04.79.38.33.36
- * « *Les Ancolies* » 04.79.38.10.67
- * « *Le Boëtet* » 04.79.38.16.09
- * « *La Table du Berger* » 04.79.38.37.91

Restaurants on high ground

- * « *Les Arolles* » 04.79.38.12.63
- * « *Le Panoramique* » 04.79.38.12.17

Les Saisies

- * « *La Cachette Gourmande* » 04.79.31.72.28
- * « *Le Copon* » 04.79.38.99.38
- * « *Tante Annick* » 04.79.38.90.67
- * « *La Bergerie* » 04.79.39.90.77

Restaurants on high ground

- * « *Le Panoramique* » 04.79.38.94.73
- * « *Le Benetton* » 04.79.38.92.61

Venthon

* « *L'auberge de Venthon* » 04.79.38.52.45

Albertville

* « *Le Bistrot du Dahut* » 04.79.32.08.45

* « *Le Conflarain* » (Conflans) 04.79.32.41.33

* « *Pizzeria « Il Vulcano* » 04.79.32.24.06

* « *Les Délices de Sicile* » 04.79.39.01.18

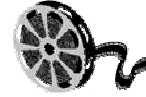
* « *Le Ligismond* » 04.79.37.71.29

* « *Le Saint Michel* » 04.79.37.76.19



Hobbies

Cinema:



Cinema « Le Dôme » - Albertville
Programs available to 04.79.10.44.90

Cinema « Le Royal » - Albertville
Programs available to 04.79.37.08.76

Cinema « Chanteclerc » - Ugine
Programs available to 08.92.68.06.14

Cinema « Le Refuge » - Les Saisies
(Only open en saison)
Programs available to 04.79.38.90.30

Swimming Pool:

Swimming Pool- Gilly sur Isère
Rehearsals available to 04.79.37.81.50

Atlantis Center- Ugine
Swimming Pool, sauna, hammam, musculation, squash
Rehearsals available to 04.79.89.00.89

Swimming Pool- Beaufort sur Doron
(Only open on the summer)
Rehearsals available to 04.79.38.35.47

Body of water:

- *Outdoor recreational park of Marcôt - Beaufort sur Doron - Body of water, soft play area, picnic area with tables - Swimming is forbidden but you can fish if you want*
- *Body of water of Saisies - Les Saisies - Play area, picnic area - Swimming is permitted*
- *Outdoor recreational park of l'Infernet - Hauteluce - Pond, Trail of mountain biking and tennis*
- *Body of water of Queige - Picnic area with tables*

Tree top adventure:

- *« Au fil des branches » - Queige - Tree top adventure
For more informations call: 06.81.47.10.71*
- *« Tyrol Aventure » - Beaufort sur Doron - For more informations call: 06.07.46.96.63*
- *« Escaladventure » - Les Saisies - Canyon's top adventure . Open all year. Nocturnals Ballads are possible.
For more informations call: 04.79.38.83.02*

Rambles and MTB:

The Beaufortain offers you diverse possibilities of rambles. Whether it is on walk or in mountain bike. Maps IGN(NATIONAL GEOGRAPHIC INSTITUTE) or quite simply the advices of Annick and Raymond will permit you to discover the various hiking trails in the area.

Equestrian Center - Frontenex

For more informations call: 04.79.31.42.61

Equestrian Center « Le Ranch » - Les Saisies

(Only on Summer)

Walks and Rambles. Opportunity to walk during two days with a night in the mountain refuge- For more informations call: 04.79.38.90.30

Dams in Beaufortain:

→ ***Dam of Roselend*** (it's 12km from Beaufort sur Doron)

It is the bigger dam of the Beaufortain - Beautiful surrounding- Around the dam, there are beautiful high mountains pastures where graze the cows.

Access permission for the cars

→ ***Dam of St Guérin*** (it's 6.5km from Arêches)

St Guérin is the saint patron of high mountains pastures - The water of dam of St Guérin contribute of filling of dam of Roselend.

** Access permission for the cars*

→ ***Dam of Girotte*** (it's 7km from Hauteluce)

It's the first dam which was built in the Beaufortain.

** Access denied for cars - Access for pedestrians*

→ ***Dam of Gittaz*** (it's 12 km from Beaufort sur Doron)

** Access permission for the cars*

Thanks to l'AAPPMA of Hauteluce, the fishing is possible in this dams.

Cultural Tourism ...

The Beaufortain have beautifuls baroques churchs:

- *Church of Sainte Agathe - Queige*
- *Church of Saint Jacques d'Assyrie - Hauteluce
(historic monument)*
- *Church of Saint Pierre - Villard sur Doron*
- *Church of Saint Maxime - Beaufort sur Doron*
- *Church of Saint Jean Baptiste - Arêches*

Gourmet Tourism ...

The Beaufortain is famous thanks to local cheese, the Beaufort, which went by the name too of « The Prince of Gruyères ». To discover this cheese production:

You can visit The Milk Cooperative of Beaufort. For more informations call: 04.79.38.33.62

To discover in our region . . .

** To Albertville, olympic town (Olympics Games of 1992) you can visit:*

- *Medieval City of Conflans*
- *The house of Olympics Games*

For more informations, must to find out from the Tourist Information Office of Albertville (telephone or website)

*** To Annecy (in Haute Savoie)**

→ *Lake Annecy*

→ *The Town of Annecy*

→ *Le Col de la Forclaz (lovely view of lake - Parapets and Hang-glider take off from there)*

For more informations, must to find out from the Tourist Information Office of Annecy (telephone or website)

*** To Chamonix (in Haute-Savoie)**

→ *The Mont-Blanc*

→ *The Town of Chamonix*

→ *The Mer de Glace (sea ice)*

→ *L'Aiguille du Midi*

...

For more informations, you must to find out from the Tourist Information Office of Chamonix (telephone or website)

Shouldn't hesitate to ask for advices to Annick and Raymond. They know very well their region.

Ski slopes

Arêches-Beaufort

Alping Skiing

50 km of ski track - A ski slopes with a important difference in altitude (of 1050m to 2300 m)

Cross-Country Skiing

Several loops divide into three sites: 8 loops in Beaufort (Open up classic and skating), 2 loops in Bersend (it's 3 km from Arêches, open up classic) and 1 loop in the plateau of Cuvy (open up classic)

Others activities

- 10 km of pack and tag itinerary*
- Guided tour of village*
- Ski touring*
- Frozen waterfall*
- Sledge*

...

Ski resort of Arêches-Beaufort have the quality label « Famille Plus » for the favours which the ski resort suggest to families. This ski resort have the first natural snowpark of France too and it stay one of the best ski resort of alping skiing.

Ski slopes

Les Saisies

Alpine Skiing

70 km of ski track for the ski slopes of Saisies and 185 km of ski track for the ski slopes of Espace Diamant (ski slopes which links 5 ski resort: Les Saisies, Crest-Voland-Cohennoz, Praz sur Arly, Flumet and Notre Dame de Bellecombe)

Cross-Country Skiing

Les Saisies is a ski slopes of Cross-Country Skiing too with 140 km of ski track open up classic and skating (Les Saisies were welcomed many events of ski Cross-Country Skiing and of biathlon during the Olympics Games of Albertville in 1992)

Others activities

- 20 km of pack and tag itinerary*
- Guided tour of village*
- Ski touring*
- Frozen waterfall*
- Snow Kart*
- Parapet*
- Snow Bike*
- Sledge*
- ...*

For more informations, you must to find out from the Tourist Information Office of Saisies

Holidays and Festivals

In December

Christmas Market

*In every village of Beau-
fortain*

New Year's Eve

*Torchlight descent and fire-
works in Saisies and Arê-
ches.*

In January

National day of Snows- hoe

Arêches

Open Volaski

*Parapet with skis
Event
Les Saisies*

Sea & Mountain Competition

*Sea Champions and Mountains Cham-
pions Encounter
Les Saisies*

In March

Pierra Menta

*International Alping Skiing
Racing
Second week-end of march
Arêches*

Air Game

*Hot-air balloon gathering
Second week-end of march
Les Saisies*

In April

La Cubérote
Telemark Event (with
dressing-up clothes)
Les Saisies

Comic Strip Festival

Les Saisies

Saisies Star
Cross-Country Skiing
Grand Prix
Les Saisies

Laught Festival
Humour Competition (youngs ta-
lents
And famous humorist)

In June

Feast of St-John
Villard sur Doron & Queige

In July

Bastille Day
Funfair, fireworks, local
dance....
Beaufort sur Doron
&
Firework display
Les Saisies

Roger Frison Roche
(July 14th)
Running
Beaufort sur Doron

Talent of Queige
Exhibiting (July and August)
Queige

Exhibiting and Sale
Home-Made
Watercolour, wood-turning
(July & August)

In August

Arêches Festival

*A stream which show old-jobs and the Arêches of yesteryear , fireworks,
Local dance...*

Feast of the Assumption

(August 15th)

*Entertainment, fireworks, local dance...
Pond of Queige*

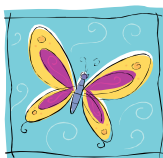
***Beaufort's Festival
(August 15th)***

*Entertainment,
Home Made's Market...
Les Saïsies*

In October

Sites remarquables du goût

*Sale and tasting of AOC foodstuff
...
Beaufort sur Doron*



These festivals are take place Every year. To know the dates, find out from the Tourist Information Office or Town Hall

But too....

Music festival in France
on 21 June

*Albertville, Annecy,
Les Saisies*

Lake's Festival
(first wee-kend of august)

Fire display above the lake

Annecy



Guide's Festival
(August)

Chamonix

The Big Bivouac
(last week-end of october)

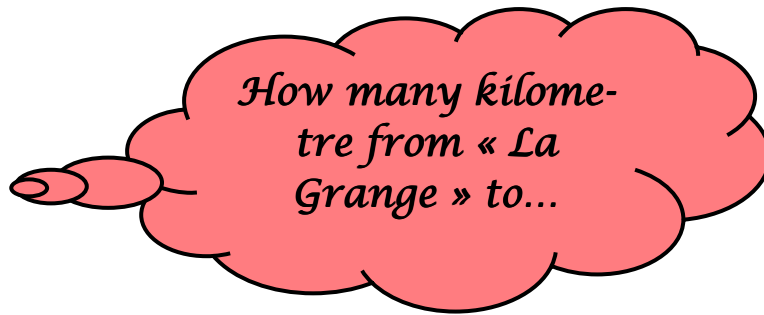
Travel's Festival

Albertville



Military Music Festival
(July)

Albertville



♦ <i>Albertville</i>	<i>7.5 km</i>
♦ <i>Queige (county town)</i>	<i>7 km</i>
♦ <i>Villard sur Doron</i>	<i>11 km</i>
♦ <i>Beaufort sur Doron</i>	<i>13 km</i>
♦ <i>Arêches</i>	<i>22 km</i>
♦ <i>Hauteluce</i>	<i>21 km</i>
♦ <i>Les Saïsiés</i>	<i>29 km</i>
♦ <i>Ugine</i>	<i>17 km</i>
♦ <i>Megève</i>	<i>39 km</i>
♦ <i>Chamonix</i>	<i>74 km</i>
♦ <i>Annecy</i>	<i>51 km</i>

*(Estimate by www.viamichelin.fr)

*We wish you a pleasant stay
in our beautiful region.*

*We hope that you make the
most of all the wealth of our
region which we like so much.*

Have a good stay



Some ideas of ballads for all the family ...

→ Pointières Path - Queige

This path redraws the evolution and the memory of the hamlet, to 1950 from today - Exhibition of ancient agrarian objects...

→ L'arboretum - Villard sur Doron

Come to discover sixty different trees

→ The botanical path of Col du Pré - Arêches

At an altitude of 1793m, come to discover to June from October, the various varieties of plants of our mountains

→ The Peat Bog of Saisies - Les Saisies

This path permit you to discover the only ecosystem (fauna and flora) of the biggest peat bog of Alps.

Tennis:



Tennis club - Albertville

For more informations call: 04.79.32.10.56

Tennis club of Beaufortain - Beaufort sur Doron

For more informations call: 04.79.38.31.09

Lessons of tennis - Les Saisies

For more informations call :04.79.38.90.30

Horse Riding:

Riding school - Notre Dame des Millières

For more informations call: 04.79.38.60.21